

Vet Gazette

Inside This Issue:

- Resident Updates: Pg. 2
- Upcoming Events: Pg. 3
- Activities: Pgs. 4-6
- Volunteers: Pgs: 6
- Staff Updates: Pg. 7
- Fun Pages: Pg. 8

WOMEN'S HISTORY MONTH

Happy Women's History Month! What started out as a weekly celebration of women's accomplishments in 1978, became a monthly recognition in 1980 under the Carter Administration. This month coincided with the International Women's Day on March 8th, so it was fitting to make it an entire month. We should be grateful for this honor, as we, the species tasked with relentless multi-tasking and handling of almost every creature's needs, should be praised for at least 30 days!

Hats off to all the ladies that have accomplished so much with little support! Let me be the first to thank you this Women's History Month for your tenacity and unrelenting dedication to others.

SEVC WOMEN SPOTLIGHTS

DEBBIE KRIWOX



Deb Kriwox is originally from upstate New York. In high school, she joined the VoTECH program and became an LPN. Soon after, she got married and started working as a school nurse. Her husband at the time preferred her to stay at home with the kids. However, Debbie disagreed and wanted more out of life. She decided to enroll in the Army Reserves. There she learned so much and became an RN. After that, she even went to college and completed a Bachelor's Degree in Liberal Arts, all while raising two kids!

Deb loves to sing and incorporate music in her daily routine! She loves hanging with her friends and playing music all day! You can see her above singing with Al (left) and Don (right). She also loves visits from her kids and four grandkids!

JUANITA DICKINSON



Juanita Dickinson is a resident here at SEVC that has the most beautiful collection of fancy clothing I have ever seen! She explained that she loved to shop! I sat down with her to learn about her life and she had me laughing.

Juanita grew up in Baton Rouge, Louisiana and told me she knew a nurse that was single, had nice things, and had a fun life. She said, "when I was young, I wanted that for myself."

So, she decided to go to college in Baltimore after high school. She was there a year then she changed gears and joined the Army! She became a medic and served in the Army for several years.

After that, she went back to college and then started a family. After the Army, she landed a job in a fancy department store. She eventually moved to Pennsylvania to for a new career path.

She is blessed to have a lovely daughter and grandson that love her!

GOVERNOR

Josh Shapiro

**PA Dept. of Military
and Veterans Affairs**

Adjutant General

Major General
John R. Pippy

**Deputy Adjutant General
for Veterans Affairs**

Maureen Weigl, BG PA

Executive Director

Travis J. Davis, MHA, NHA, HSE

**Director of
Veteran Homes**

Barbara Raymond, RN, NHA

**Southeastern
Veterans' Center**

Commandant

Brian Gula, LNHA

Deputy Commandant

Johanna Valenti

Clinical Services Mgr

Amanda Bokosky

Medical Director

Dr. Sin Kei Yeung

Admissions

Jill Alwine

Therapeutic Activities

Director

Feather Bauza

Director of Social Services

Vacant

Director of Dietetic Services

Rachael Hendricks

Volunteer Coordinator

Tara Vaszily

Vet Gazette Team

Sarah Klufas
Patricia Carfagno
Beverly Barefield
Maureen Piraino

WELCOME NEW RESDIENTS

NAVY

RICHARD ECKERT
MATTHEW BADER



ARMY

DANIEL LEVENGOOD
BRIAN GIBSON
JAY HERBEIN



MARINES

ANNE MERINUK



RESIDENT BIRTHDAYS

ALEXANDER BARTHA
BRUCE BEAR
ELIZABETH BECKOWSKI
PAUL BOYD
LESLIE CLEMENTS
JOSEPH DELAURENTIS
ANTHONY DELUCA
BRIAN GIBSON
MILLARD GRAUEL
JOHN HOLLAND
WILLIAM KOSKINEN



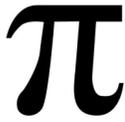
PHILLIP KRAMER
VICTOR RAZO
ROBERT RICHARDSON
WILLIAM SECKMAN
FRED STEICH
MICHAEL VAN HORN
RUSSELL WADE
ROBERT WALTHER
JAMES WILLIAMS
WAYNE WILSON
DONALD YOCUM

Remembering Those No Longer With Us

**Audrey Sardelis
Brian Horter
Richard Reiner
John Davis
William Burkhart
Thomas Herbert**



UPCOMING EVENTS



PIE DAY



SATURDAY, MARCH 14th

Let's celebrate 3.14 with eating actual pie! Then we will play PIE IN THE FACE GAMES!

GIRL SCOUT COOKIE DAY

Troop 646 will be visiting SEVC March 14th to sell some cookies just like old times!

10am: Coates, 11am: CLC



COATES HALL CHESS CLUB

A newly started club in Coates Hall for chess players weekly! Feel free to join us Tuesdays @10am. All levels encouraged to play!



CASINO DAY

MARCH 31st @2pm

Tilghman Hall



ST. PATTY'S PARTY

MARCH 17th

Join us for live music, Kegs and Eggs on St. Patty's Day!

We will celebrate in Tilghman Hall as if we were in Ireland. Wear your best green and come on down for some fun.



JOIN US FOR OUR FIRST SOCK HOP

TILGHMAN HALL @2pm

MARCH 26th

DJ & Ice Cream Floats

MARCH 20th

FIRST DAY OF SPRING

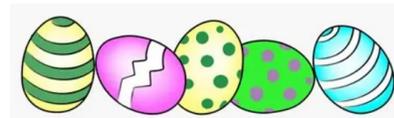


**FREE RITA'S Water Ice
IN COATES CANTEEN**

1:30-3pm

Sponsored by VFW Lansdale

SEVC EASTER EGG HUNT



COATES HALL

SATURDAY, MARCH 21 @11am

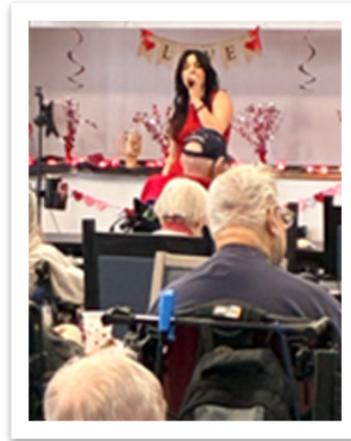
**Join us for an egg hunt and treats!
Open to the Public!**

VALENTINE'S DAY



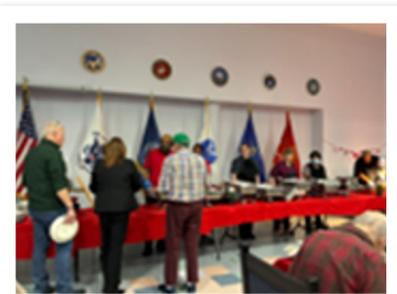
DAR of Towamencin made snack-grams for Valentine's Day! And fun and easy way to say "you are loved" this Valentine's season.

Thank you to Sabrina Bitting & Deb Pitts of Hackers for Heroes! They donated to our Superbowl and Valentine's Parties! Hoagies, Pizzas, Pretzels,



Of course, we had a Valentine's Concert with great treats and spirits! Thank you to the donors that contribute to make these events possible!

VALENTINE'S FAMILY DINNER



SEVC hosted our 2nd Annual Family Valentine's Dinner in Tilghman Hall. Families accompanied their loved ones for a fun evening of lobster, prime rib, and wine while listening to live music. Thank you to all staff and volunteers that made the event so special!



VALENTINE'S DAY

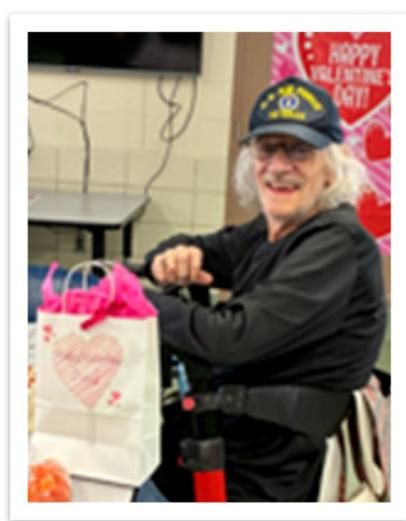


We were so lucky to have community members and students think of our residents this Valentine's Day. They were very busy eating lots of valentine goodies and reading sweet cards! Thank to everyone that participated in making this a special time for veterans.

Amanda and Melissa brought cookies and Kiwanis Club made candygrams!



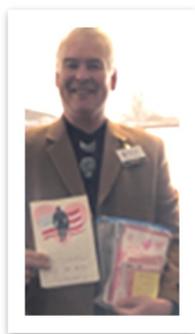
Thank you Jill Irvin, (left), teacher from Boyertown East Middle School, for having her students make valentine gifts and centerpieces for the residents of SEVC! To the right is Paul Perry, happy to receive their gift!



Tom McLoughlin from American Legion of Paoli for delivering Valentine's from students at Conestoga High! - XOXO



Thanks to Pack 146 of Pottstown for visiting on Valentine's Day to hand out gifts and say Happy Valentine's Day!



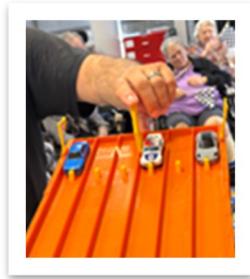
Students from Pre-K, Kindergarten and First Grade of Franklin Elementary made heart sun catchers for resident windows!



Knights of Columbus

Knights of Columbus donated puzzles galore for our residents!

ACTIVITIES



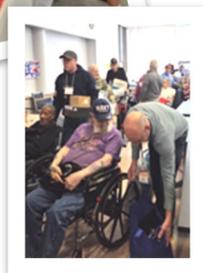
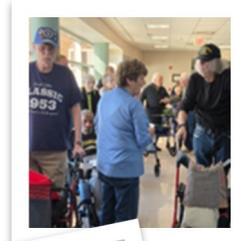
Our first ever Hot Wheels Derby! They had a blast picking out their cars and racing against friends.

Winners from the Derby:

1st Place: Veronica Colberg

2nd Place: Henry Smith

3rd Place: The Late Brian Horter



WINTER BAZAAR

We had our 4th Annual Winter Bazaar! We displayed all of our extra donated items from the community so our residents can shop! We had a long line waiting for the doors to open! A shout out to the 15+ volunteers that helped and to our amazing staff for assisting our residents.

VOLUNTEERS

M Arrowhead Elementary School



Thank you to students and staff of Arrowhead Elementary School in the Methacton School District They held a donation drive for SEVC veterans! They donated new clothing, snacks, socks, and much more!



HOT CHOCOLATE BINGO



Terri Murgitroyde and friends visited PC with a Hot Chocolate Bingo night! They also donated gift cards for trips!

Mama Alba even brought her delicious brownies!



Thank you American Legion Sanatoga & DAR Mahanatawny for sponsoring bingo helping vets during the event!



WELCOME NEW VOLUNTEERS



Amit Kumar



Sparsh Kumar



Deacon Dave Kubczak visits residents every Thursday with a beautiful and spiritual message for Catholic service. He was so kind to visit Ash Wednesday for our veterans!

STAFF UPDATES

NEW HIRES

Yolanda Delgado, LPN
Ryan Koehler, Acct 3
Nya Sims, FSW1
Adesegun Kuforiji, NAT
Dominic Szwankowski, NAT
Sarda Knight, NAT
Laticia Johnson, NAT
Shaun Honts, HR Analyst 2
Anthony Magazino, Jr., FSW1
Brittany Burgess, CNA



MILESTONES

Obaweya Adeoye, LPN – 5 Years
Andrea Goss, TAW – 10 Years
Kim Forchion, LPN – 10 Years
Larry Cowan, FSW1 – 15 Years

PROMOTIONS

Irvin Wyatt to Security Officer 2

INTERESTED IN DONATING?

Here are some ideas of what we could use to help out veterans!

SPRING/SUMMER NEEDS

- Cans of Coke, Pepsi, Diet Coke, Root Beer, & Sprite for our parties
- Irish Coffee ingredients for 3/17 (Bailey's and Whipped Cream)
- Irish potato candies
- Gallons of Vanilla ice cream for our Sock Hop -3/26
- 6 Dozen Donuts for The Easter Egg Hunt– 3/21
- Spring décor for their rooms or front doors
- Small flags to honor vets on Flag Day (100+)
- Phillies baseball caps & Brim Hats for women (Mother's Day)
- Sponsor an ice cream Sundae day
- Soft Pretzels/Cracker Jacks for baseball games
- Cases of snacks in small variety bags (pretzels, cheese balls, etc)
- Sponsor a lunch for a floor
- Sponsor breakfast at a diner for a floor
- Various star wars masks for Star Wars Day (5/4)
- Inflatable Light sabers
- Tacos for Cinco De Mayo
- Buckets of Mango Rita's Water Ice
- Mister Softee Trucks

GIFT CARDS:

We always need gift cards to purchase food for resident take out or restaurant trips!

- Olive Garden
- Giovanni's
- Chick Fil A
- Rossi's Pizza
- Red Lobster
- Texas Roadhouse
- McDonald's
- Mama Alba's on 724

Thank you to Terri Murgitroyde & friends (below) for visiting PC for a Hot Chocolate Bingo night!

If you and your group would like to donate, please call Tara for details
@610.948.2418



FUN PAGES

Name: _____ Date: _____

- AWAKENING
- BASKETBALL
- BLOSSOM
- DAFFODIL
- DAYLIGHT SAVING
- EASTER
- EQUINOX
- FLOWER
- FRESH
- GREEN
- GROWTH
- HOLI
- KITE
- LEPRECHAUN
- LUCK
- MADNESS
- MARCH
- PARADE
- POT OF GOLD
- RAIN
- REBIRTH
- RENEWAL
- SHAMROCK
- SHOWERS
- SPRING
- ST. PATRICK'S DAY
- WINDY



WORD SEARCH DIRECTIONS: Find and circle the vocabulary words in the grid. Look for them in all directions including backwards and diagonally.

Y	T	A	S	D	V	R	I	J	B	Y	L	Z	P	V	B	Y	O	F
M	S	J	C	A	F	E	T	R	H	T	K	O	G	P	N	D	E	V
D	M	H	C	D	Y	T	Y	E	G	I	C	A	A	H	U	N	Q	Z
Z	Y	G	A	K	N	S	Q	N	H	U	P	C	Z	A	I	U	B	
F	A	X	A	M	I	A	N	E	I	O	L	R	R	W	H	W	I	M
R	D	S	F	A	R	E	Q	W	N	L	A	A	P	Y	C	Q	N	O
E	S	S	L	K	V	O	Q	A	E	M	I	M	F	G	E	N	O	B
S	K	E	G	K	D	B	C	L	K	N	H	T	W	O	R	G	X	D
H	C	N	E	H	Y	E	I	K	A	B	D	G	Q	H	P	F	V	Z
B	I	D	O	B	D	Y	I	Y	W	N	V	A	N	U	E	Y	R	J
M	R	A	L	A	G	N	I	V	A	S	T	H	G	I	L	Y	A	D
E	T	M	R	S	H	N	Y	R	U	A	T	G	H	T	R	A	Q	L
H	A	A	S	K	F	E	M	O	S	S	O	L	B	D	E	P	S	O
X	P	B	E	E	T	E	E	O	T	J	K	I	T	E	W	E	S	G
W	T	V	Y	T	W	R	J	N	Y	M	Z	K	X	Q	O	G	U	F
G	S	F	H	B	A	G	M	S	R	E	W	O	H	S	L	L	H	O
R	P	C	O	A	U	M	L	R	E	B	I	R	T	H	F	H	E	T
B	J	X	L	L	E	D	A	F	F	O	D	I	L	S	O	Z	E	O
J	A	B	I	L	I	V	P	T	K	T	V	U	O	N	G	I	Z	P